# ANNEX 5 :Consent –EE- Parasite – Luhya

Ifomu ya okhusaba obweyango bwo buchungusi bwa obulwale bwa mazingara(environmental enteropathy) khulolerera binyende,nende khung’ania **amabere ko mtsimbeere.**

Omuradi: WASH Benefits-Omuradi kwa Okhusaba Amakhono,Ohusirikha Amatsi, Obusafi bwa Mungo, nende Okhulia nende Okhupima Matokeo Murisafi mwa Kenya(nomba Omuradi kwa Obulamu kwa Abana).

Principal Investigator: Clair Null

Organization: Innovations for Poverty Action, Kenya

**Eshifune eshia obukhabirisi**

Mulembe. Orie? Enangwa(name) khurula Innovations for Poverty Action (IPA), omukanda kulali kwa faida tawe, kuli Kisumu nende tsiofisi tsindi Kakamega/Bungoma.

Khukholanga obukhabilisi khu obulwale bwo okhunyalala ne khubilila khu obukhabilisi buno khwenya khweka amatokeo ka amalwale ko okhunyalala khu abana. Khwikombere okhumanya matokeo akeimberi eyo khu mwana nanyalala. Khwikomba khumanya nga ebiakhulia Fulani khulia nomba obulamu bubwe bwosi khubulamba khunyala kwingirana nende khunyalala nomba amalwale kandi.

Khandi khukholanga obukhabirisi khu bindu bia abana banyoolanga khurula khu bebusi babwe ne ngalwa bibakholeranga ni bakhuyana nende obulwale obutinyu nga malaria. Abana banyoolanga ebindu binji khurula khu bebusi nende bakuka nende bakukhu. Obunji bwa bandu bamanya ebima bierwanyi nga oburambi. Abaana bosi banyala khunyola ebindu bindi okhurula khu bebusi nga khuba ba mani nomba abadofu khukhuyana nende amalwale Fulani. Khunyola ebindu bin okhurula khu bebusi bilakhonya banasayansi khukasia emisaala micheni nende obuchanjo bwo malwale kano.

**Shichira shina khuhulanganga khuba mu lisomo lino?**

Khwikomba khuandika inzu yao sachira khwahung’asia amakhuwa kholandana nende inzu yao inyuma iyo ne khwekombere humeta ebipimo bindi kho khweche kali ichoo ya omwana wao inyala huba ne binyende, shinga tsinzukha munda. Khurula khu amalasire,,eshinyika, amare, eliswi nende amenyali khulapima efipimo fya ebikhulia, ebindu bimanyia ebindu ebya abaana babukula khurula khubebusi ne khulamanya kakhaba omwana wuo anyolile obulwale bwosi bwosi. Khandi khwenya khunyola khumanya ngalwa amabeere ke tsimbeere kanyala khuchangira khukhula nende khwendelea khwo mwana.

**Shina shienyekhana mu abashirika abe lisomo lino?**

Khwiunga mu isehemu eya obukhabirisi buno bulabukula amachendero kataru nomba kabiri khunyanga khulwo miika chibiri. Khulabukula khandi efipimo ebya amalasire, eshinyeka nende amenyali khurula khu omwana uwo Nende irusa iyo khunyala okhubukula . amare tsinyira 4 nende eliswi okhurula khu omwana uwo nende amenyali, amalasire, amare tsinyira 4 nende eliswi okhurula khuiwe mwene khu buli elichendero khu amachendero kataru ako. Khurula mu amalasire ako khulapima afimashishi efia ebiakhulia, efimanyishi efia efindu efia abana babukulanga okhurula khu abebusi babu, ne khulanyalirwa okhuelewa nikali mbu omwana wao ali mu inafasi eyo khunyola amalware. Eshipimo eshia amenyali shilakhukhonya okhumanya kali mbu khulikho nende okhuumia khwo mubiri khwe fise firambi khulondana nende hunyalala. Khandi nikhubukule eshipimo eshia ichoo ya omwana wao khu obukhonyi bubwo ne hupima efinyende shinga tsinzukha tsio munda. Efipimo ebya amalasire amare, eliswi nende amenyali kalakhukhonya okhumanya tsishida tsirerungwa nende amalware nende amaparo.

Khandi khulabukula amabeere kao matiti ni kali mbu olaba onuninjia. Amabeere kano ke tsimbere kalakhukhonya okhuelewa ni ebiakhulia si nende ebiokhwikalila malwale biliena ebia abaana banyolanga ni balisibwa khu amabeere komutsimbere. Amakhuwa kano kalamanyibwa ni khupima mulabu.

Nofuchirira khwiunga, afisa wefu alakhuchendera mungo khu tsinyanga tsibiri tsilondana hulaini khu buli fise efio obukula amahuwa mara hataru. Khu inyanga eyeimberi eya ishuguli ino afisa wefu alareba amarebo matiti kalabukula efise efie tsidaka ekhumi nende tsirano (15) ne ahuleshere ichupa eya okhubukula ichoo ne ahuwe amalako akawalehonyera ohubukula ichoo eya omwana wao. Walekhonyera amalako ako okhubukula ichoo itsuli ilondakho, nikaba mbu omwana yalatsia muchoo eshikundi eshia maafisa kefu neshsiri okhula ichoo eyo yenyekhana mwana atsie khu nomba mu idaipa ne walekhonyera eshindu eshia plastiki okhubukula eshipimo shititi eshia ichoo eya omwana yahatsia efise efio okhuchakira akulu wako noraa mu ichupa. Afisa wefu yalabukula ichupa eyo nende idaipa irumishirwe nende efipimo findi fiosi. Okhulondana nende iruhusa yao khandi khulabukula amalasire matiti (kaera tsimililita 5) okhurula khu omwana wao khu inyanga eya imberi.Khunyala okhubukula amalasire amatiti (5ml) khurula khuomusii kwa amalasire. Khunyala khandi khulabukula khandi efipimo ebya amalere mara 3 khurula khuibe nende omwana uwo etsisaa kabula, nikhutsiriranga nende khwakhamala okhubukula amatsai. Khandi afisa wefu yalapima obusiro obwa omwana niyekhonyera ikilo, apime oburambi bwae niyekhonyera olubao olwa ohupima oburambi nende obukhomefu obwa omurwe nende obukhomefu obwa omukhono niwekhonyera ifuti. nende okhubukula efipimo efya afya singa ‘presha’ ya matsai, okhuratsa oluya nende omukhupo kwo omwoyo. Khandi afisa wefu yalakhupima obusiro nende oburambi, nende obukhomefu obwa omukhono niwekhonyera ifuti , efipimo fya afya singa ‘presha’ ya amatsai, okhuratsa oluuya nende omukhupo kwo omwoyo. Amatokeo akokhupimwa ‘presha’ ya matsai nende omukhupo kwo omwoyo olakhebwa isaa iyo.Afisa wefwe alabukula Liswi lilio nende lio omwana wo. Efise fiosi efia khulekhonyera khu inyanga ino ni amasaa 3.

Inyanga **eyokhubiri,** khurakhusaba obukule amenyali kako aka asubuhi etsisaa tsiolabukha. Mpangilio kulaba ohunywesia omwana wao amatsi ke isukari alafu okhubukula eshipimo eshia amenyali khuu masaa karano. Ewe nga mama wa omwana walasabwa okhulisia omwana wao lisa lala nihusiri humunywesia amatsi ke isukari. Ne hulatisia omufuko okwa okhutasia amenyali okuli nende eshipira eshia ohubisia amenyali (echesia mufano ) khu omwana. Khandi khula bukula efipimo efya amare khu omwana. Alafu khula esia omwana amatsi keisukari nende okhubukula amenyali khu masaa karano. efise fiene ngolwa khumala humunywesia amatsi ako. Khulahusaba otinyisie omwana ohununa nomba ohunywa amatsi tsidaka amahumi kataru niyahamala ohunywa amatsi ke isukari hi kamuhonye ohwinyala. Afisa wefu yalarisia amenyali ohurula mu eshifuko, omwana niyahenyala. Amenyali kalabukulwa khu masaa karano ne nikahabwa eshifuko shilarusibwa khu omwana**.** Khu masaa karano ako kohutasia amenyali, olarebwa amarebo ohulondana nende efiohulia nende emima echio ohulia muinzu yao. Olarebwa amarebo amaparo koko okhulondokana nende emima echia ewenyu chinjirananga nende obulamu obwo mwana. Amasaa akakhula rumushira mukamba ni saba mujumula.

Khandi khu fise efia hutasia amenyali, afisa wefu yalachendera inzu yao ohupima omwana wao nende huhuhonya ohurusia amabeere ketsimbere kama . Olaeresibwa amalako ngalwa ohoyere ohurusia amabeere matiti noraa mu eshikombe eshia plastic, ohurula mu eshikombe eshio afisa wefu yalabiha ebilayi khu kaenjerwe efise findi.

**Obulayi Nende Obubi**

Buumao obubi bwosi bwosi obuli mu elisomo lino. Amatsi kano ke isukari kaumamwo tsikemikoli ni kali nende iladha indayi. Amalasire kalabukulwa nende afisa mtaalamu. Omwana wao anyala huba nende ubunyakhani butiti khulwa eshipira eshiohutasia amenyali khu masaa karano, nende ohuulira obutsuni butiti efise efie okhuinia amalasire. Hulaba nende itabu inditi khulwa ohubikha amakhuwa kosi khuba isiri.

Amarebo kandi akandakhureba kalaba akabinafusi noba akalekhana omundu undi okhuulira khubera katira khu obulamu bwawo. Onyala okhuhulira obubi khu makhuwa kandi. SShili mbu ni lazma ochibe amarebo nomba wiunge nende okhubola/ameeko nolenyere ne khandi nobulayi. Shili lazma okhubire khulwa shina showeyere okhuchiba amarebo kosi tawe nomba showenyere okhuba mumeeko tawe. Amajibu kao khulakabikha andiyu ngalwa khunyalirwa, ne khupara mbu hatari ya ewe okhuba mu obukhabirisi buno ni obututu muno. Hulaba nende itabu inditi khulwa ohubikha amakhuwa kosi khuba isiri.

Amabeere matiti ke tsimbere shikalakhola injira yo mwana wao yo khulia khukalukhana. Onyala khuba nende okhuleurira ebilayi efise efia okhuinia amabeere kao. Walainia amabeere kao mu bwefisi bwo mungo mwao.

Obulayi obwa obuhabilisi buno ni khwiunga khwo omwana wao khulakhuhonya okhweka khwo obulwale obwa okhunyalala mu bana.

**Obwefisi, Okhukisa Ameera nende Tsisiri**

Amakhuwa kosi kalakhung’asibwa nende efipimo filabukulwa filabihwa musiri hulondana nende amalako akeshialo shino. Isiri eya amakhuwa kosi akahulakhung’asia nende matokeo akefipimo kalalindwa obulayi. Khularumishira sa bujumbe buno khu shifune eshia obuhabilisi buno, ne shikhularumishira elira liao efise efia okhukasia iripoti eya obuhabirisi buno .

**Oburumishi obwa obujumbe tsinyanga etsie imberi**

Efipimo efia amalasire, amenyali, amare, ichoo nende **amabeere ako**hununia finyala okhubikhwa okhula humwisho hwo obuhabirisi buno, kho fikholerwe obuyenjeresi khu fise filala mulabu. Obujumbe alala nende efipimo findi efia amalasire, amenyali, ichoo, amare **nende amabeere kao** akohununia filabikhwa khufise firambi obuhabirisi buno nibwahawa. Eshichira nihubikha ni amasomo amayaha aka omulabu kaletsa khukhukhonya okhuelewa ngalwa amalalwe akokhunyalala kahatarishinjia afia ya abana. Ameeko kanyolehane mubuhabilisi buno kanyala khuanwa khu abahabilisi alali hulara ewe nende lira liao okhuba isiri. Khandi efipimo fiene efio finyala okhwirwa mu efialo findi hulwa okhuenjereswa obulaari nende iruhusa yao.

**Ihaki eya okhuhaya okhwiunga nomba okhurula**

Okhwiunga mu imbeka ino eya lisomo ni okhwakhwiinia. Onyala ohuamua okhukhaya omwana wao yalaba mu tsishuguli tsino. Onyala okhulekha okhwiunga mubuhabirisi buno efise fyosifyosi, kata akari owa okhubukula eshipimo nomba amenyali. Oli nende obunyali obwo okhuhaya okhwiunga ameeko kano.

**Noba noli nende amarebo kandi khulondana nende tsihaki tsiao shinga omushiriki, owa obukhabirisi, onyala okhupira ikamati eya KEMRI eya tsihaki etsia abashiriki khu inamba ino; 0722-205901 or 0733-400003**

**Amalako aka ohurunga:**

Shiwenyekhana okhukhurunga kho wiunge mu ameeko kano, khandi fwesi shikhulakhurunga kho wiunge mu ameeko tawe.

**Abandu aba okhukhupira Isimu:**

Noba noli nende elirebo lyosilyosi, onyala okhundeba efise fyosifyosi.

Noba noli nende amarebo kosikosi nomba amaoni khulondana nende ameeko kano onyala okhubola nende abandu abe mu iofisi eya IPA Kakamega/Bungoma(0728 716 661). Noflasha, balakhupira

Nofuchirira omwana wao khwiunga, **nochama lolosia asi ano khu tsishuguli etsio nokhupa** isaini yao nomba olwala olukhongo olwa omukhono omukata khu tsinafasi tsiri asi ano.

**Ohubukula amenyali |\_\_|mama |\_\_| omwana**

**Ohubukula amalasire |\_\_| mama |\_\_| omwana**

**Ohubukula ichoo |\_\_| mama |\_\_| omwana**

**Ohubukula amabeere akohununia |\_\_| mama |\_\_| omwana**

**Ohubukula eliswi |\_\_| mama |\_\_| omwana**

**Okhubukula amare |\_\_| mama |\_\_| omwana**Okhweinia

Okhubikhwa okhwa amenyali efise efirambi |\_\_| mama |\_\_| omwana

**Okhubikhwa okhwa amatsayi efise efirambi |\_\_| mama |\_\_| omwana**

**Okhubikhwa okhwa amatsayi efise efirambi |\_\_| mama |\_\_| omwana**

**Okhubikhwa okhwa ichoo efise efirambi |\_\_| mama |\_\_| omwana**

**Okhubikhwa okhwa amabeere efise efirambi |\_\_| mama |\_\_| omwana**

**Okhubikhwa okhwa amare efise efirambi |\_\_| mama |\_\_| omwana**

**Okhubikhwa okhwa eliswi efise efirambi |\_\_| mama |\_\_| omwana**

Ekhupa orio khulwa obushiriki bwao

Isaini nomba olwala oluhasi olwa omulesi owa omwana Itarehe

Olwala oluhasi olwa omulesi